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**64<sup>TH</sup> HONG KONG SCHOOLS SPEECH FESTIVAL (ENGLISH)**

Good morning boys and girls. It's my pleasure to be here to talk about how to achieve your ambition with all of you.

Walking around, I can see many bright faces, waiting for inspiration from me. I love that expression on your face. That means you have some sort of ambitions in your heart.

For those of you who don't know, I am the person who invented this gadget in your hands, iOrange. Seeing the success of iOrange has invigorated me. My ambition long time ago? To create an IT product that would change the world. And hooray for me! I did it!

What should you do if you have ambitions?

Setting a goal is indeed the first step to achieving your ambition. Yogi Berra, one of the greatest athletes ever, once said, "If you don't know where you are going, you'll end up someplace else."

What did I do as a youngster? Aimed at getting top grades in school. You DO have to know what's your standard and what you're capable of. I've always been an IT nerd. Once you figured it out, just go for it and ENJOY yourself!

Next, cope with stress. In fact, experts say that 43% of young adults suffer adverse health affects due to stress. So be one of the 57% who don't! Trust me, if you're unhealthy from stress, you'll never be that sports star, or that health spa owner, or that comic book writer.

I know it's never easy to cope with the stress from both yourself and the others who are saying "No way! You're not going to try that!" So, get active. Get outside. WALK somewhere Have fun with friends. Play with the dog. Jump around with your cousin! Climb a tree .... Well, you know what I mean!

My final advice might be something surprising, but well, it does work. My greatest aid of achieving my ambition is by meditation. You might be thinking, 'oh, I don't believe in that!' But a Newsweek poll several years ago indicated that 73% claimed that meditation helped them discover their true talents. 73 percent! It's not a small number! Meditation gives me moments of silence. Before big exhibitions or world trade shows, I take time to be by myself to remember who I am, and what I want to achieve in the world.

So before wondering how to achieve your ambition or even getting lost in choosing between being a lawyer or a coffee aficionado in the future, maybe you should think about what you have to do to achieve your ambitions.

Nobody in my family would have ever believed that their little school girl could be such a successful, powerful force in the technology field.

So everyone, think of someone like me had an ambition when she was your age. She was a youngster. She set goals. She loved what she was doing. She kept stress at bay. And she climbed lots of trees and turned inwards to herself, to fulfill what she wanted to do in life! Good luck with achieving your ambitions! It's not as hard as you may think!